

Offenes Training Projensdorfer Gehölz

Lang

1.	Christoph HOFMEISTER (MTK Bad Harzburg)	46:26		
	31 1:33 (1:33)	32 1:18 (2:51)	38 3:27 (6:18)	39 1:50 (8:08)
	41 5:14 (17:16)	42 2:49 (20:05)	32 2:13 (22:18)	33 1:52 (24:10)
	36 5:09 (31:38)	37 2:11 (33:49)	32 1:34 (35:23)	45 2:01 (37:24)
	48 1:04 (39:30)	49 0:54 (40:24)	45 3:02 (43:26)	48 0:54 (44:20)
				2:06 (46:26)
2.	Martin HENNSELER (MTV Seesen)	48:56		
	31 1:38 (1:38)	32 1:23 (3:01)	33 1:47 (4:48)	31 0:45 (5:33)
	32 2:37 (16:53)	38 3:47 (20:40)	39 1:57 (22:37)	40 2:56 (25:33)
	36 4:33 (33:12)	37 2:14 (35:26)	32 1:36 (37:02)	45 1:53 (38:55)
	45 3:12 (43:58)	43 0:35 (44:33)	47 0:52 (45:25)	48 1:27 (46:52)
				2:04 (48:56)
3.	Sebastian GIESE (Örkelljunga FK)	49:38		
	31 1:42 (1:42)	41 5:09 (6:51)	42 3:02 (9:53)	32 2:33 (12:26)
	32 1:39 (16:38)	38 3:56 (20:34)	39 1:57 (22:31)	40 2:58 (25:29)
	36 4:46 (33:04)	37 2:20 (35:24)	32 1:43 (37:07)	45 1:55 (39:02)
	48 1:11 (42:19)	49 0:52 (43:11)	45 3:04 (46:15)	48 1:11 (47:26)
				2:12 (49:38)
4.	Tom BUCHHOLZ (MTK Bad Harzburg)	50:30		
	31 1:34 (1:34)	41 5:15 (6:49)	42 3:53 (10:42)	32 2:57 (13:39)
	32 1:31 (17:41)	38 3:43 (21:24)	39 2:15 (23:39)	40 3:09 (26:48)
	36 4:39 (34:02)	37 2:37 (36:39)	32 1:49 (38:28)	45 2:07 (40:35)
	45 2:54 (46:01)	43 0:33 (46:34)	47 0:37 (47:11)	48 1:04 (48:15)
				2:15 (50:30)
5.	Christian STAMER (Preetzer TSV)	50:56		
	31 1:45 (1:45)	35 1:52 (3:37)	36 4:58 (8:35)	37 2:36 (11:11)
	31 0:38 (16:01)	41 5:33 (21:34)	42 2:58 (24:32)	32 2:38 (27:10)
	40 3:08 (36:27)	31 0:59 (37:26)	32 1:37 (39:03)	45 2:04 (41:07)
	45 3:10 (46:22)	43 0:36 (46:58)	47 0:37 (47:35)	48 1:10 (48:45)
				2:11 (50:56)
6.	Matti BRUNS (MTK Bad Harzburg)	52:10		
	31 1:36 (1:36)	35 1:48 (3:24)	36 6:10 (9:34)	37 2:20 (11:54)
	31 0:36 (16:07)	32 1:31 (17:38)	38 3:44 (21:22)	39 2:13 (23:35)
	41 6:25 (34:09)	42 2:53 (37:02)	32 2:33 (39:35)	45 1:57 (41:32)
	48 1:11 (44:06)	49 0:51 (44:57)	45 3:19 (48:16)	48 1:25 (49:41)
				2:29 (52:10)
7.	Philipp SCHWARZ (OL-Gruppe der CAU Kiel)	1:00:49		
	31 1:53 (1:53)	41 6:36 (8:29)	42 3:35 (12:04)	32 2:57 (15:01)
	35 2:25 (20:59)	36 5:29 (26:28)	37 2:58 (29:26)	32 1:56 (31:22)
	40 3:59 (43:10)	31 1:16 (44:26)	32 1:54 (46:20)	45 2:23 (48:43)
	45 3:42 (55:25)	43 0:47 (56:12)	47 1:00 (57:12)	48 1:23 (58:35)
				2:14 (1:00:49)
8.	Jussi BRUNS (MTK Bad Harzburg)	1:04:51		
	31 1:39 (1:39)	32 1:37 (3:16)	38 4:19 (7:35)	39 3:15 (10:50)
	35 2:10 (17:44)	36 6:04 (23:48)	37 3:32 (27:20)	32 2:51 (30:11)
	41 8:17 (41:47)	42 4:16 (46:03)	32 3:26 (49:29)	45 2:34 (52:03)
	48 1:43 (55:50)	49 1:12 (57:02)	45 3:57 (1:00:59)	48 1:38 (1:02:37)
				2:14 (1:04:51)
9.	Björn HANSEN (Lübecker Turnerschaft)	1:11:18		
	31 3:00 (3:00)	41 9:13 (12:13)	42 3:36 (15:49)	32 3:23 (19:12)
	40 3:49 (30:58)	31 1:03 (32:01)	32 2:45 (34:46)	33 3:41 (38:27)
	36 5:48 (47:36)	37 3:20 (50:56)	32 2:40 (53:36)	45 2:38 (56:14)
	45 5:03 (1:05:04)	43 0:42 (1:05:46)	47 1:18 (1:07:04)	48 1:48 (1:08:52)
				2:26 (1:11:18)
Mittel				
1.	Lukas FONK (Preetzer TSV)	35:34		
	31 1:09 (1:09)	41 5:47 (6:56)	42 2:44 (9:40)	32 2:33 (12:13)
	35 1:50 (16:51)	36 4:55 (21:46)	37 2:30 (24:16)	32 1:49 (26:05)
	32 1:41 (30:28)	45 1:54 (32:22)	48 1:01 (33:23)	40 1:47 (27:52)
				2:11 (35:34)
2.	Leonore WINKLER (USV Jena)	37:05		
	31 1:12 (1:12)	35 1:57 (3:09)	36 5:31 (8:40)	37 2:33 (11:13)
	31 0:58 (15:44)	41 6:16 (22:00)	42 2:59 (24:59)	32 2:32 (27:31)
	32 1:31 (31:52)	45 2:01 (33:53)	48 1:01 (34:54)	33 2:12 (29:43)
				2:11 (37:05)
3.	Aaron WANDEL (MTV Seesen)	37:14		
	31 1:05 (1:05)	41 5:53 (6:58)	42 3:05 (10:03)	32 2:41 (12:44)
	32 1:43 (17:13)	40 1:45 (18:58)	31 1:00 (19:58)	35 2:11 (22:09)
	32 1:44 (32:04)	45 1:55 (33:59)	48 1:05 (35:04)	36 5:36 (27:45)
				2:10 (37:14)
4.	Till BUCHBERGER (MTV Seesen)	39:13		
	31 1:04 (1:04)	32 1:45 (2:49)	33 2:06 (4:55)	31 0:42 (5:37)
	32 3:01 (19:02)	40 1:44 (20:46)	31 1:02 (21:48)	35 2:02 (23:50)
	32 1:48 (33:35)	45 1:58 (35:33)	48 1:29 (37:02)	41 7:06 (12:43)
				36 5:17 (29:07)
				2:11 (39:13)
5.	Julius WANDEL (MTV Seesen)	39:23		
	31 1:07 (1:07)	32 1:40 (2:47)	33 2:10 (4:57)	31 0:44 (5:41)
	32 2:50 (18:53)	40 1:50 (20:43)	31 1:02 (21:45)	35 1:57 (23:42)
	32 1:47 (33:48)	45 2:06 (35:54)	48 1:16 (37:10)	41 7:05 (12:46)
				36 5:11 (28:53)
				2:13 (39:23)
6.	Kristaps GRAHL (Preetzer TSV)	40:30		
	31 1:10 (1:10)	35 1:50 (3:00)	36 5:28 (8:28)	37 2:56 (11:24)
	31 0:46 (16:50)	32 1:47 (18:37)	40 1:54 (20:31)	31 1:08 (21:39)
	32 2:49 (34:40)	45 2:08 (36:48)	48 1:34 (38:22)	41 6:28 (28:07)
				2:08 (40:30)
7.	Theo HENNSELER (MTV Seesen)	40:32		
	31 1:00 (1:00)	32 1:36 (2:36)	40 1:35 (4:11)	31 1:02 (5:13)
	32 3:18 (18:55)	33 2:47 (21:42)	31 0:40 (22:22)	35 1:56 (24:18)
	32 2:01 (35:04)	45 2:16 (37:20)	48 1:07 (38:27)	41 6:48 (12:01)
				36 5:57 (30:15)
				2:05 (40:32)

8.	Meike HENNSELER (MTV Seesen)	40:36			
	31 1:13 (1:13) 41 6:30 (7:43) 42 3:22 (11:05) 32 2:43 (13:48) 40 1:42 (15:30) 31 1:04 (16:34)				
	32 1:55 (18:29) 33 2:07 (20:36) 31 0:41 (21:17) 35 1:58 (23:15) 36 6:14 (29:29) 37 3:17 (32:46)				
	32 2:01 (34:47) 45 2:14 (37:01) 48 1:24 (38:25) 2:11 (40:36)				
9.	Emma CASPARI (OL Team Lippe)	41:58			
	31 1:20 (1:20) 35 1:53 (3:13) 36 7:40 (10:53) 37 2:48 (13:41) 32 2:15 (15:56) 40 1:34 (17:30)				
	31 1:33 (19:03) 41 5:33 (24:36) 42 4:32 (29:08) 32 2:33 (31:41) 33 2:18 (33:59) 31 0:34 (34:33)				
	32 1:37 (36:10) 45 2:36 (38:46) 48 1:10 (39:56) 2:02 (41:58)				
10.	Volker CASPARI (OL Team Lippe)	43:05			
	31 1:14 (1:14) 32 1:37 (2:51) 40 1:40 (4:31) 31 1:16 (5:47) 35 2:03 (7:50) 36 5:15 (13:05)				
	37 2:49 (15:54) 32 2:07 (18:01) 33 2:19 (20:20) 31 0:43 (21:03) 41 6:07 (27:10) 42 3:27 (30:37)				
	32 2:42 (33:19) 45 2:07 (35:26) 48 5:17 (40:43) 2:22 (43:05)				
11.	Jan KLOSE (MTV Seesen)	46:19			
	31 1:02 (1:02) 35 1:54 (2:56) 36 8:33 (11:29) 37 2:51 (14:20) 32 1:59 (16:19) 33 1:56 (18:15)				
	31 0:37 (18:52) 41 7:45 (26:37) 42 3:54 (30:31) 32 4:19 (34:50) 40 2:56 (37:46) 31 1:05 (38:51)				
	32 1:44 (40:35) 45 2:03 (42:38) 48 1:33 (44:11) 2:08 (46:19)				
12.	Christian BUCHBERGER (MTV Seesen)	46:25			
	31 1:36 (1:36) 41 7:12 (8:48) 42 4:02 (12:50) 32 3:18 (16:08) 33 2:06 (18:14) 31 0:44 (18:58)				
	35 2:14 (21:12) 36 6:23 (27:35) 37 3:30 (31:05) 32 2:17 (33:22) 40 2:35 (35:57) 31 1:09 (37:06)				
	32 2:11 (39:17) 45 2:33 (41:50) 48 2:00 (43:50) 2:35 (46:25)				
13.	Ieva GRAHL (Preetzer TSV)	46:31			
	31 1:16 (1:16) 32 1:47 (3:03) 40 1:50 (4:53) 31 1:17 (6:10) 41 7:18 (13:28) 42 4:12 (17:40)				
	32 3:17 (20:57) 33 2:53 (23:50) 31 0:51 (24:41) 35 2:24 (27:05) 36 6:21 (33:26) 37 3:43 (37:09)				
	32 2:21 (39:30) 45 2:39 (42:09) 48 1:58 (44:07) 2:24 (46:31)				
14.	Jessica DRESE (OLV Uslar)	48:01			
	31 1:38 (1:38) 41 7:38 (9:16) 42 5:11 (14:27) 32 3:08 (17:35) 33 2:40 (20:15) 31 0:44 (20:59)				
	31 1:50 (22:49) 40 1:57 (24:46) 31 1:16 (26:02) 35 2:14 (28:16) 36 6:35 (34:51) 37 3:53 (38:44)				
	32 2:07 (40:51) 45 2:41 (43:32) 48 1:55 (45:27) 2:34 (48:01)				
15.	Paulo URZUA TORRES (TV Jahn Wolfsburg)	50:06			
	31 1:49 (1:49) 41 7:07 (8:56) 42 3:27 (12:23) 32 4:36 (16:59) 33 1:59 (18:58) 31 0:48 (19:46)				
	32 2:06 (21:52) 40 2:22 (24:14) 31 1:12 (25:26) 35 2:18 (27:44) 36 8:05 (35:49) 37 3:44 (39:33)				
	32 2:28 (42:01) 45 3:20 (45:21) 48 2:30 (47:51) 2:15 (50:06)				
16.	Marco URZUA WÖHRER (TV Jahn Wolfsburg)	50:08			
	31 1:33 (1:33) 41 10:49 (12:22) 42 3:14 (15:36) 32 3:13 (18:49) 40 1:51 (20:40) 31 1:09 (21:49)				
	32 2:04 (23:53) 33 2:09 (26:02) 31 2:58 (29:00) 35 2:13 (31:13) 36 7:30 (38:43) 37 3:19 (42:02)				
	32 2:41 (44:43) 45 2:13 (46:56) 48 1:14 (48:10) 1:58 (50:08)				
17.	Ludwig ATZLER (Preetzer TSV)	54:44			
	31 1:29 (1:29) 32 2:59 (4:28) 33 2:42 (7:10) 31 0:51 (8:01) 35 2:35 (10:36) 36 7:28 (18:04)				
	37 3:30 (21:34) 32 2:43 (24:17) 40 2:21 (26:38) 31 1:03 (27:41) 41 8:22 (36:03) 42 6:10 (42:13)				
	32 3:13 (45:26) 45 2:49 (48:15) 48 4:09 (52:24) 2:20 (54:44)				
18.	Kirsten KOCK (Preetzer TSV)	56:31			
	31 1:31 (1:31) 32 3:26 (4:57) 40 4:49 (9:46) 31 1:47 (11:33) 41 9:04 (20:37) 42 4:33 (25:10)				
	32 3:26 (28:36) 33 2:38 (31:14) 31 0:56 (32:10) 35 2:38 (34:48) 36 6:49 (41:37) 37 4:08 (45:45)				
	32 2:53 (48:38) 45 2:59 (51:37) 48 2:26 (54:03) 2:28 (56:31)				
19.	Sandra CASTILHO MARCAO (SV Hildesia Diekholzen)	56:38			
	31 1:34 (1:34) 32 2:11 (3:45) 40 2:08 (5:53) 31 1:46 (7:39) 35 3:04 (10:43) 36 6:48 (17:31)				
	37 4:05 (21:36) 32 2:32 (24:08) 33 3:43 (27:51) 31 0:53 (28:44) 41 9:05 (37:49) 42 5:05 (42:54)				
	32 4:00 (46:54) 45 4:18 (51:12) 48 2:49 (54:01) 2:37 (56:38)				
20.	Martin THORWART (Preetzer TSV)	59:01			
	31 1:23 (1:23) 41 9:09 (10:32) 42 5:28 (16:00) 32 4:47 (20:47) 40 2:25 (23:12) 31 1:58 (25:10)				
	32 4:42 (29:52) 33 2:25 (32:17) 31 0:56 (33:13) 35 2:58 (36:11) 36 6:53 (43:04) 37 4:53 (47:57)				
	32 2:37 (50:34) 45 3:30 (54:04) 48 2:21 (56:25) 2:36 (59:01)				
21.	Matthias DITTMERS (TSV Malente)	1:01:02			
	31 1:46 (1:46) 32 2:52 (4:38) 33 3:31 (8:09) 31 0:54 (9:03) 41 8:25 (17:28) 42 6:09 (23:37)				
	32 3:52 (27:29) 40 2:37 (30:06) 31 1:40 (31:46) 35 4:10 (35:56) 36 7:30 (43:26) 37 4:53 (48:19)				
	32 2:53 (51:12) 45 4:04 (55:16) 48 2:45 (58:01) 3:01 (1:01:02)				
22.	Sandra WÖHRER (TV Jahn Wolfsburg)	1:09:49			
	31 4:31 (4:31) 35 6:45 (11:16) 36 7:10 (18:26) 37 5:18 (23:44) 32 3:42 (27:26) 40 3:57 (31:23)				
	31 1:37 (33:00) 32 2:40 (35:40) 33 4:02 (39:42) 31 1:20 (41:02) 41 10:17 (51:19) 42 6:31 (57:50)				
	32 3:44 (1:01:34) 45 3:04 (1:04:38) 48 2:32 (1:07:10) 2:39 (1:09:49)				
	Lukas WILMS (OL-Gruppe der CAU Kiel)	48:34			
	31 1:27 (1:27) 41 7:27 (8:54) 42 4:24 (13:18) 32 3:37 (16:55) 40 3:23 (20:18) 31 1:25 (21:43)				
	35 4:44 (26:27) 36 7:30 (33:57) 37 4:03 (38:00) 32 2:56 (40:56) 33 – (–) 31 – (–)				
	32 – (–) 45 – (43:47) 48 2:19 (46:06) 2:28 (48:34)				
Kurz					
1.	Lina BUCHBERGER (MTV Seesen)	25:30			
	31 1:11 (1:11) 32 1:29 (2:40) 33 1:59 (4:39) 31 0:43 (5:22) 35 2:32 (7:54) 36 6:26 (14:20)				
	37 2:41 (17:01) 32 2:12 (19:13) 40 1:48 (21:01) 31 1:04 (22:05) 49 – (22:02) 48 1:06 (23:08)				
	2:22 (25:30)				
2.	Gregor GRAHL (Preetzer TSV)	32:54			
	31 1:33 (1:33) 32 2:11 (3:44) 33 2:36 (6:20) 31 0:43 (7:03) 35 2:31 (9:34) 36 7:08 (16:42)				
	37 3:48 (20:30) 32 2:25 (22:55) 40 5:07 (28:02) 31 1:14 (29:16) 49 0:08 (29:24) 48 1:21 (30:45)				
	2:09 (32:54)				
3.	Irene BUCHBERGER (MTV Seesen)	33:42			
	31 1:56 (1:56) 32 2:10 (4:06) 40 2:45 (6:51) 31 1:29 (8:20) 35 4:09 (12:29) 36 6:34 (19:03)				
	37 4:18 (23:21) 32 2:53 (26:14) 33 2:28 (28:42) 31 0:49 (29:31) 49 0:17 (29:48) 48 1:24 (31:12)				
	2:30 (33:42)				
4.	Pia CASPARI (OL Team Lippe)	36:20			

Einzel-Mittel

1.	Maren STRAUß (SV Hildesia Diekholzen)			32:18		
	31 1:37 (1:37)	32 1:48 (3:25)	33 2:21 (5:46)	31 0:49 (6:35)	35 2:36 (9:11)	36 7:05 (16:16)
	37 4:13 (20:29)	32 3:17 (23:46)	40 2:17 (26:03)	31 1:39 (27:42)	49 0:33 (28:15)	48 1:40 (29:55)
	2:23 (32:18)					
2.	Ester STAMER (SV Hildesia Diekholzen)			43:46		
	31 1:11 (1:11)	41 7:01 (8:12)	42 3:20 (11:32)	32 2:52 (14:24)	40 1:55 (16:19)	31 1:12 (17:31)
	35 2:08 (19:39)	36 6:14 (25:53)	37 3:14 (29:07)	32 2:14 (31:21)	33 2:53 (34:14)	31 0:42 (34:56)
	32 1:47 (36:43)	45 2:23 (39:06)	48 2:24 (41:30)	2:16 (43:46)		
3.	Annika STRAUß (SV Hildesia Diekholzen)			43:49		
	31 1:09 (1:09)	41 6:36 (7:45)	42 3:46 (11:31)	32 3:01 (14:32)	40 2:06 (16:38)	31 1:10 (17:48)
	35 2:27 (20:15)	36 5:53 (26:08)	37 3:33 (29:41)	32 2:13 (31:54)	33 2:34 (34:28)	31 0:46 (35:14)
	32 1:48 (37:02)	45 2:33 (39:35)	48 1:53 (41:28)	2:21 (43:49)		
4.	Svenja PABST (OLV Uslar)			45:06		
	31 1:16 (1:16)	35 2:14 (3:30)	36 6:06 (9:36)	37 3:03 (12:39)	32 2:11 (14:50)	40 2:36 (17:26)
	31 1:09 (18:35)	32 2:04 (20:39)	33 2:09 (22:48)	31 0:46 (23:34)	41 7:35 (31:09)	42 4:12 (35:21)
	32 2:52 (38:13)	45 2:33 (40:46)	48 1:56 (42:42)	2:24 (45:06)		
5.	Bennet GROTE (OLV Uslar)			51:27		
	31 1:18 (1:18)	35 2:25 (3:43)	36 6:42 (10:25)	37 3:25 (13:50)	32 2:35 (16:25)	40 1:55 (18:20)
	31 1:17 (19:37)	32 2:13 (21:50)	33 2:18 (24:08)	31 0:53 (25:01)	41 10:08 (35:09)	42 4:50 (39:59)
	32 3:49 (43:48)	45 2:51 (46:39)	48 2:13 (48:52)	2:35 (51:27)		
6.	Peter Schmidt (Preetzer TSV)			1:07:12		
	31 2:56 (2:56)	41 9:53 (12:49)	42 5:47 (18:36)	32 4:27 (23:03)	40 3:15 (26:18)	31 2:08 (28:26)
	32 2:55 (31:21)	33 2:58 (34:19)	31 1:04 (35:23)	35 4:11 (39:34)	36 8:27 (48:01)	37 5:10 (53:11)
	32 3:52 (57:03)	45 3:37 (1:00:40)	48 3:36 (1:04:16)	2:56 (1:07:12)		
7.	Kerstin WITTKÉ (SV Hildesia Diekholzen)			1:09:19		
	31 1:31 (1:31)	32 2:54 (4:25)	40 2:41 (7:06)	31 1:28 (8:34)	35 2:49 (11:23)	36 8:30 (19:53)
	37 4:09 (24:02)	32 9:27 (33:29)	33 3:50 (37:19)	31 0:57 (38:16)	41 10:26 (48:42)	42 6:03 (54:45)
	32 4:36 (59:21)	45 4:00 (1:03:21)	48 3:07 (1:06:28)	2:51 (1:09:19)		
8.	Sabine NASH (TKH Hannover)			1:13:14		
	31 1:33 (1:33)	41 9:06 (10:39)	42 8:17 (18:56)	32 5:35 (24:31)	33 7:45 (32:16)	31 1:24 (33:40)
	35 3:08 (36:48)	36 7:52 (44:40)	37 6:53 (51:33)	32 3:36 (55:09)	40 2:53 (58:02)	31 1:52 (59:54)
	32 4:17 (1:04:11)	45 3:26 (1:07:37)	48 2:46 (1:10:23)	2:51 (1:13:14)		
	Jens STRUCKMANN (Braunschweiger MTV)			42:09		
	31 1:12 (1:12)	32 1:44 (2:56)	33 2:24 (5:20)	31 0:41 (6:01)	35 1:55 (7:56)	36 4:52 (12:48)
	37 - (-)	32 - (17:48)	40 1:40 (19:28)	31 1:07 (20:35)	41 6:51 (27:26)	42 3:24 (30:50)
	32 3:06 (33:56)	45 2:10 (36:06)	48 2:33 (38:39)	3:30 (42:09)		
	Juncheng FU (MTV Seesen)			-		
	31 1:50 (1:50)	32 2:45 (4:35)	33 5:28 (10:03)	31 1:09 (11:12)	35 - (-)	36 15:10 (-)
	37 7:10 (-)	32 4:53 (-)	40 - (-)	31 - (-)	41 - (-)	42 - (-)
	32 - (-)	45 - (-)	48 5:03 (-)	1:37 (-)		

Einzel-Lang

1.	Joachim STAMER (MTK Bad Harzburg)			50:27		
	31 1:02 (1:02)	32 1:26 (2:28)	33 2:01 (4:29)	31 0:43 (5:12)	35 1:59 (7:11)	36 6:07 (13:18)
	37 2:20 (15:38)	32 1:46 (17:24)	38 3:51 (21:15)	39 2:07 (23:22)	40 3:03 (26:25)	31 0:55 (27:20)
	41 5:48 (33:08)	42 2:53 (36:01)	32 2:32 (38:33)	45 1:59 (40:32)	43 0:41 (41:13)	47 0:37 (41:50)
	48 1:09 (42:59)	49 0:48 (43:47)	45 3:19 (47:06)	48 1:10 (48:16)	2:11 (50:27)	
2.	Nilas STAMER (MTK Bad Harzburg)			55:30		
	31 1:05 (1:05)	32 1:36 (2:41)	38 3:50 (6:31)	39 2:01 (8:32)	40 3:26 (11:58)	31 0:59 (12:57)
	41 7:05 (20:02)	42 3:28 (23:30)	32 3:36 (27:06)	33 2:07 (29:13)	31 0:39 (29:52)	35 2:16 (32:08)
	36 5:57 (38:05)	37 2:46 (40:51)	32 2:13 (43:04)	45 2:03 (45:07)	43 0:31 (45:38)	47 0:42 (46:20)
	48 1:18 (47:38)	49 1:03 (48:41)	45 3:23 (52:04)	48 1:22 (53:26)	2:04 (55:30)	
3.	Solia STAMER (MTK Bad Harzburg)			1:02:45		
	31 1:07 (1:07)	35 2:07 (3:14)	36 5:19 (8:33)	37 3:25 (11:58)	32 2:20 (14:18)	38 4:18 (18:36)
	39 2:16 (20:52)	40 4:15 (25:07)	31 1:04 (26:11)	32 2:00 (28:11)	33 2:52 (31:03)	31 0:47 (31:50)
	41 7:03 (38:53)	42 4:16 (43:09)	32 3:23 (46:32)	45 2:57 (49:29)	43 0:45 (50:14)	47 1:31 (51:45)
	48 1:28 (53:13)	49 1:08 (54:21)	45 4:11 (58:32)	48 1:58 (1:00:30)	2:15 (1:02:45)	