

Holsteiner Park-O-Cup 2021**2. Lauf Sportpark Gaarden am Mi. 11.08.2021****Anfänger/ 2,4km, 13 Posten**

1	Ingo Meyenburg		CAU	00:36:46
2	Martina Harms	1971	WOLF Haltern	14:29:00

DH14/ 2,4 km, 13 Posten

1	Junes Harlaß	2009	PTSV	00:27:02	100
2	Gregor Grahl	2008	PTSV	00:27:28	98
3	Matthias Harms	2008	WOLF Haltern	p.f.	0

Damen/ 4,1 km, 20 Posten

1	Annika Stamer	2006	PTSV	00:31:59	100
2	Ieva Grahl	1982	PTSV	00:36:37	87
3	Ann-Kathrin Brandt		CAU	00:45:06	71
4	Lisa Harms	2004	WOLF Haltern	00:46:06	59
5	Liena Grahl	2006	PTSV	00:50:58	53
6	Franziska Rupp		CAU	p.f.	0

Herren/ 4,1 km, 20 Posten

1	Konrad Stamer	2003	PTSV	00:22:52	100
2	Kristaps Grahl	2004	PTSV	00:27:05	84
3	Jan Harlaß	1985	PTSV	00:30:28	75
3	Christian Stamer	1970	PTSV	00:30:28	75
5	Philipp Schwarz	1992	CAU	00:34:57	65
6	Lukas Wilms	1984	CAU	00:35:26	65
7	Christian Harms	1967	WOLF Haltern	00:38:39	59
8	Martin Thorwart	1974	PTSV	00:47:39	48
9	Matthias Dittmers	1953	OSC Hamburg	00:55:48	41